

FITNESS

EXPERIENCE THIS:

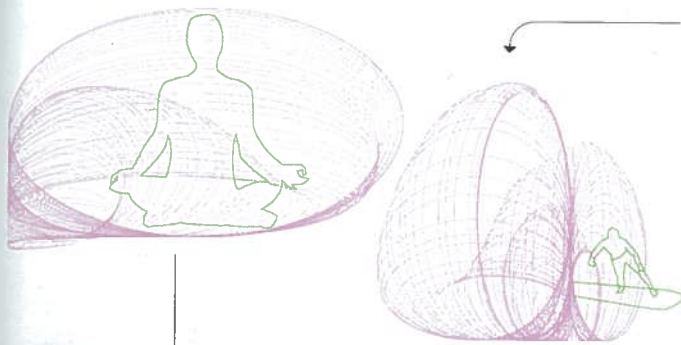
Pure Kauai's Pure Fitness Package

The seven-day and six-night stay at the Hawaiian resort (where Jack Black, Matt Damon and Jennifer Garner have all stayed) includes personal training, a surf lesson, stand-up paddle lessons, Pilates and yoga classes, and two massages, as well as meals prepared by a private chef. Depending on the accommodations you choose, prices range from \$5,600 to \$11,300 per person. purekauai.com

TAKE THIS HOME:

Kinesis Personal Heritage Home Gym from TechnoGym

On first glance, this contraption looks like something the Marquis de Sade might have used. It's not. The designer gym offers more than 200 workout moves to improve strength, endurance, control, flexibility and balance. Unlike other clunky setups, TechnoGym fits neatly against the wall to save space. Depending on style and package, the price ranges from \$16,000 to \$19,000. technogym.com



TAKE THIS HOME:

Duravit Inipi Sauna

German-based company Duravit revolutionizes the concept of the home sauna with its Inipi. Taking its name from the Lakota term for a sweat lodge, the Duravit Inipi is compact enough for a bathroom or living area, yet large enough to lie down in, while providing a sophisticated look with its glazed front. A remote control with a display screen allows you to adjust temperature, humidity, lighting and music. About \$20,000 for a two-person sauna. duravit.com

NUTRITION

EXPERIENCE THIS:

Classes at Raymond Blanc's Cookery School

Travel 60 miles outside of London to Oxfordshire to find the renovated manor once owned by Lord Cromwell—now the site of Raymond Blanc's cookery school, hotel and restaurant. His Four-Day Residential Course includes instruction, overnight stays at Le Manoir and dinners at Blanc's two-Michelin starred Le Manoir aux Quat' Saisons restaurant. Price tag: from \$920 per person. The one-day Food and Wine course includes instruction, lunch and dinner, and an overnight stay. Price tag: starting at about \$1,200. manoir.com



TAKE THIS HOME:

La Cornue Cooking Range

Typically, giving a stove is right up there with giving slippers. Who wants a practical gift on a holiday? That is unless it's from French company La Cornue. The CornuFé 110 range has five burners and two electric ovens (one convection and one multifunctional) with doors that open laterally. The cost: \$8,600. Feeling especially generous? The Grand Palais 180 has two vaulted ovens (one gas and one electric), two large hot plates and two large solid brass burners, and is made by hand and produced to order. Expect to wait at least two months. The cost: a mere \$41,000. lacornue.com

